

# Unravel P.E./Team Building ( Gr. 3 – 5



Materials: One Scarf or Bandana per student ( 5 - 8 in a group )

Procedure: SAY - "Stand in a circle, hand one end of your bandana to someone across from you." "The other end of the two bandanas in your hands should held by two different people across from you".

"Now try to unwrap, go under or over the bandanas to untangle yourselves." " Don't let go of your bandana." "See if you can make a straight line."

\* The bandanas should be at least 16" long.